

# COSMETICA

## LONDON

July 2021 Update

### Clinic Protocols And Guidelines COVID-19

To our lovely clients;

**England will move to the final stage of easing Covid restrictions on 19 July, ministers have confirmed.**

It means almost all legal restrictions on social contact will be removed, but it's vital to proceed with "caution", warning "this pandemic is not over".

We will continue to follow the guidelines set out by the government and NHS England and respond to any changes to ensure we comply with all the necessary social distancing and personal protective equipment (PPE) protocols if required.

For peace of mind and safety to all, staff members will be regularly tested for COVID-19, and completed a fully CPD Accredited Clinical Safety Course in COVID-19.

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To ensure we can continue to all work safely, the following protocols have been put into place until further notice;

- The clinic door will remain locked at all times. Please ring the doorbell when you arrive.
- All patients and staff are advised not to attend our clinic if they are [displaying possible signs of COVID-19](#) or if they should be self-isolating under current government guidelines. Patients will be screened before their appointment to ensure they do not have any COVID-19 symptoms. We reserve the right to refuse entry into the clinic or to have a treatment if you are unwell or have symptoms in any way.
- The **legal requirement to wear a face covering** in shops, public transport and other enclosed public spaces will end on 19 July. Our practitioners will continue to wear them, and we encourage our customers to do so as well, although it's not compulsory. Masks will still be provided at the clinic if customers choose to wear one, and hand sanitiser liquid 80% alcohol.
- Appointments may feel quicker than normal. Practitioners have been advised to keep patients in a room for as little as possible. For this reason, general chatting will be kept to an absolute minimum, but we will always maintain our high level of standards of service.
- Friends or family members can not attend an appointment with you. They will be asked to stay outside.
- We can only accept a certain number of patients in the clinic at any one time. You may be asked to stay outside until someone else leaves.

- There is a small risk of a potential reaction after dermal filler treatments in people who have had or may have the COVID-19 vaccine. There is currently a lack of detailed data relating to this. Whilst such reactions are perceived as being very rare, with only a small number of reported cases internationally, there is an increasing understanding of the role of infection in delayed hypersensitivity reactions. If you develop any reactions following your treatment, you may require medication to manage the complication. This may include oral steroid medication, which may lower your immunity to COVID-19 if you have recently been vaccinated. As a precaution, Cosmetica London can not perform any dermal filler treatments on patients who are due to receive vaccination within 2 weeks following treatment or within 3 weeks having received it.
- You must inform us if you have been to the clinic, then fall ill with any COVID-19 symptoms.
- We will not be serving hot drinks or providing sweets or biscuits. Water will be provided with disposable cups.
- Between each patient, we will allow a deep clean all surfaces using virucidal disinfectant.
- A strict schedule and timekeeping are essential. We ask you to arrive 5 mins before your appointment.
- Cash will still be accepted, but cards payments are preferred.
- Please check these guidelines regularly for any updates prior to making and coming for appointments.

With best wishes, The Cosmetica Team x